



培景小学

PUNGGOL VIEW PRIMARY SCHOOL

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Our Ref: PGVP/120/2018

4 April 2018

Dear Parents

Workshop for P1-P6 Parents: Effective Discipline

We would like to invite our parents to attend the above mentioned workshop. The details are as follows:

Day/Date : **Saturday 14 April 2018**
Time : **9.30 – 11.30 am**
Venue : **PAL Room 1**
Cost : **Fully supported by Ministry of Social and Family Development (MSF)**

Synopsis:

Disciplining a child is one of the most important roles of a parent, and perhaps one of the most difficult. Effective discipline at home provides a foundation for self-discipline throughout life. It helps your child grow up to be happy and well-adjusted. Effective and positive discipline teaches and guides children. It doesn't just force them to obey. How children should be disciplined depends on their age, stage of development, personality and many other factors, but these are just some basic principles to help guide parents.

Content includes:

- Understand your child
- Identify the 4 Parenting styles
- Practice parent-coach principles – ABCDE

Come join us as we learn ways on how we can discipline our child effectively.

We would be grateful if you could register online via <http://www.punggolviewpri.moe.edu.sg/> under the highlights window on the front page. **Registration for the workshop is open from 4 Apr – 13 Apr 2018.** For enquiries, you may contact the school's Family Matters@PGVP Co-ordinator, Ms Justina Koh at Justina_Amanda_Koh@moe.edu.sg.

We look forward to seeing you on **Saturday 14 Apr 2018 at 9.30am**. Thank you.

Warmest regards,

Suriani Sokran (Mdm)
Family Matters@School Teacher in-Charge

The Family Matters @ PGVP programme is funded by the Ministry of Social and Family Development and aims to equip and empower parents with skills and knowledge to build strong family ties. Through enriching workshops, activities and resources, parents will learn how to build healthy communication with their children and nurture positive relationships within the family.

Our Mission
Touching Lives, Inspiring Future

SINGAPORE



Our Vision
Confident Learners, Active Citizens