



HEALTHY AUTONOMY

Synopsis:

Good Enough Parenting - Healthy Autonomy (HWW-P3-2016S) Meeting the Core Emotional Need of Healthy Autonomy is an essential component of the parentchild relationship-based, evidence-informed Good Enough Parenting (GEP) model developed by John and Karen Louis. The two-hour session utilizes movie clips and cartoons to highlight key learning points in parenting. Parents will gain insights into giving their children "age-appropriate" autonomy and performance.

This workshop will be conducted by certified trainer, Mr Ng Wee Keong, qualified counsellors and Family Life Educators. Using MOVIES and MOVIE Therapy™ to engage the participants.

About The Trainer:

Wee Keong graduated from the National University of Singapore with a Bachelor of Arts, and holds a Graduate Certificate in Parent Education Leadership Training jointly awarded by Swinburne University, Australia, and the Family Resource Training Centre, Singapore. He has attended various counselling-related and FLE trainings, as his full-time pastoral work involves counselling youths, singles, couples and parents.

He lends his time as Resource Speaker and Family Life Educator of HOPE worldwide (Singapore) where he conducts Movie Therapy workshops on marriage, parenting, work-life balance and youth-related topics to companies and community organisations. An eloquent and engaging speaker, he was trained by John and Karen Louis, authors of Good Enough Parenting and I Choose Us marriage programme. He is also an accredited facilitator of the US-developed Positive Choice sexuality education programme.

Wee Keong has conducted workshops in Singapore, Malaysia, Japan, Korea, Indonesia, and the United States. He and his wife, Joyce, have two active teenagers, the eldest currently serving NS and the youngest in JC.

Venue: PAL Room
Date & Time: 18 August 2018, 9.30am to 11.30am
Cost: Fully bore by Ministry of Social & Family Development (MSF)

Refreshment will start half an hour before the workshop

Organised & Supported By:

