



培景小学

PUNGGOL VIEW PRIMARY SCHOOL

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Our Ref: PGVP/039/2017

20 Jan 2017

Dear Parents

MOE SEXUALITY EDUCATION - THE GROWING YEARS PROGRAMME

We would like to inform you about the Growing Years Programme in our school. Sexuality Education (SEd) is part of the school curriculum to allow our P5 students to understand the physiological, social and emotional changes they experience as they mature, develop healthy and rewarding relationships including those with members of the opposite sex, and make wise, informed and responsible decisions on sexuality matters. SEd is premised on the importance of the family as the basic unit of society. This means encouraging healthy, heterosexual marriages and stable nuclear family units with extended family support. The teaching and learning of SEd is based on respect for the values and beliefs of the different ethnic and religious communities in Singapore on sexuality issues.

The goals of Sexuality Education are:

- (i) To help our students make wise, responsible and informed decisions through the provision of accurate, current and age-appropriate knowledge on human sexuality and the consequences of sexual activity;
- (ii) To help our students know themselves and build healthy and rewarding relationships through the acquisition of social and emotional skills of self-awareness, management of their thoughts, feelings and behaviours, development of empathy for others, possession of effective communication, problem-solving and decision-making skills; and
- (iii) To help our students develop a moral compass, respect for themselves and for others as sexual beings, premised on the family as the basic unit of society, through the inculcation of positive mainstream values and attitudes about sexuality.

The key messages of Sexuality Education are:

- (i) Love and respect yourself as you love and respect others;
- (ii) Build positive relationships based on love and respect (which are the foundation for strong families);
- (iii) Make responsible decisions for yourself, your family and society; and
- (iv) Abstinence before marriage is the best protection against STIs/HIV and unintended pregnancies. Casual sex can harm and hurt you and your loved ones.

Please visit the school's Sexuality Education webpage for more information on Punggol View Primary School's Sexuality Education Programme for 2017. If you need further clarification, please contact Mr Sigmund Seow, HOD CCE. Thank you.

Mr Kelvin Tay
Principal

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Our Mission
Touching Lives, Inspiring Future



Our Vision
Confident Learners, Active Citizens

To
Mr Sigmund Seow
HOD CCE

Reply Slip

MOE SEXUALITY EDUCATION IN SCHOOLS - THE GROWING YEARS PROGRAMME

Name of Student: _____

Class: _____

I have read and understood the information provided on the content coverage and delivery of the programme in the letter dated 20 Jan 2017.

Please tick in the appropriate box

- I allow my child to attend the programme.
- I do not allow my child to attend the programme.

My reason(s) for my decision to opt my child out of the programme:

- Religious reasons
- My child is too young.
- I would like to personally educate my child on sexuality matters.
- I do not think it is important for my child to attend Sexuality Education lessons.
- I have previously taught my child the topics in the GY Programme for this year.
- I am not comfortable with the topics covered in the GY Programme for this year.
- Others: _____

Name of Parent

Signature / Date

Contact Number

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