

## Home-Based Activities

This set of home-based activities provides opportunities for you to engage your child in play and exploration at home. Carrying out the activities and playing the games with your child help to promote family bonding and support your child's learning and development at home.

We encourage you to try as many activities as you would like with your child. We hope you and your child will have an enjoyable time doing these activities!

## What can you do with your child?

### Eating Healthily with My Family!

*Have a hearty breakfast with your child by preparing this Animal Toast made with your child's favourite spread and fruits! You can work together with your child in preparing this simple breakfast for the family.*

**Through this activity, your child will be able to....**

- **Show appreciation for the family**
- **Express creativity**

Materials: Wholemeal bread, fruits (e.g. strawberries, blueberries, banana), bread knife, spread (e.g. butter, peanut butter, jam)

#### Activity:

- Supervise your child in using a bread knife to cut fruits into shapes (e.g. triangle, circle, square, rectangle).
- Let your child apply the spread on the bread.
- Invite your child to decorate the bread with the fruit cut-outs.
- Enjoy the meal with the family!



### Making My Bed!

*Helping with household chores can begin small with children making their own beds. It gives them a sense of routine and consistency with maintaining their things. Children also take pride in having a neat and tidy room!*

**Through this activity, your child will be able to...**

- **Match items by at least one attribute (i.e. position of items)**
- **Develop healthy habits and responsibilities**

Materials: A messy bed, camera

#### Activity:

- Make the bed with your child.
- Take a picture of the neat bed.
- After the bed is messed up, get your child to arrange the bed according to the picture.
- Ask your child to check the picture for areas that do not match and fix it.
- You may encourage your child to do this activity everyday.
- You may decrease or increase the number of items on the bed to decrease or increase the challenge for your child. Choose a difficulty level that your child can meet.
- You may also extend the activity by taking a picture before the bed is made and play "spot the difference" with your child.

## **Making Laundry Fun!**

*Through involving your child in household chores, it encourages the development of life skills and nurtures a sense of responsibility and belonging in children. Activities such as folding clean clothes enables children to develop other areas of learning too such as counting, sorting and motor skills.*

**Through this activity, your child will be able to...**

- **Sort laundry according to who it belongs to, type or colour or size**
- **Practise counting to at least 5**

Materials: 15-20 clean clothes (e.g. t-shirts, pants)

### **Activity:**

- Put clean clothes in a pile for your child.
- Get your child to separate the clothes based on whom it belongs to (e.g. mummy's pile, daddy's pile).
- Encourage your child to count the number of clothes in each group.
- Show your child once how to fold the clothes before letting your child try.
- Praise them for their efforts (e.g. you are doing a good job at folding your pants! It makes it look neat and tidy! Well done!)
- Do the activity again to sort by type, colour or size.

## **Blow Painting!**

*We see many colours around us but have we thought about how some of these colours are formed? Explore this art activity to find out how two colours can be mixed to create a new colour! Get creative as your child tries out this new art technique of blow-painting!*

**Through this activity, your child will be able to...**

- **Explore colours**
- **Create artwork using different tools**

Materials: Red, blue or yellow paint/food colouring, drawing paper, straw

### **Activity:**

- Play an 'I Spy Colours' game with your child to look for different coloured objects around the house.
- Ask your child to guess what colours can be mixed to form green.
- Get your child to drop a few drops of different coloured paint/food colouring on drawing paper.
- Guide your child to use a straw to blow the paint/food colouring.
- Invite your child to observe the colours when they are mixed.
- Encourage your child to explore mixing different colours.
- You may also want to encourage your child to get creative and create blow paint art using the attached templates (**Annex A**) or making your own template!



### Create a Self-Portrait Using Collage!

*A self-portrait gives children the time to study their eyes, nose, mouth and the rest of their face. By creating a self- portrait, children learn whom they are and how they want to present themselves. Let your child experiment with materials they like to create their portraits!*

**Through this activity, your child will be able to...**

- **Observe their facial features and describe them**
- **Use scrap materials to create an artwork**

Materials: Mirror, drawing paper / template (**Annex C**), magazine, newspaper, scrap materials (e.g. bread tags, Yakult bottle tabs), glue.

#### **Activity:**

- Invite your child to look in a mirror and observe their facial features (e.g. their eyes, nose, mouth, ears, eyebrows and hair).
- Ask them to describe their observations using the sentence “I see \_\_\_\_.” (e.g. *I see two eyes.*)
- Invite your child to tear magazine/newspaper into smaller pieces. Parents can make small tears to the paper for children who need help.
- Encourage your child to draw their face or use the template provided. (**Annex C**)
- Invite him/her to glue on the pieces of paper or scrap materials to represent their facial features.

### Fun with Crayons!

*This activity helps your child to develop a sense of wonder and curiosity as well as observational skills as he/she observes how crayon (wax) repels water colour (water). Have fun exploring with different colours and lines through this artwork!*

**Through this activity, your child will be able to....**

- **Explore colours and lines.**

Materials: White crayon, drawing paper, paintbrush, paint (preferably watercolour)



#### **Activity:**

- Invite your child to use a white crayon to trace both his/her hands on the paper.
- Use a brush to paint over the drawing.
- Talk to your child about what he/she observes as the paint goes over the drawing.
- Repeat the activity again by inviting your child to write his/her name or draw different shapes or lines (straight, wavy, zig-zag) or even letters with crayon and painting over them!

## Fold a Bookmark!

*This activity strengthens your child's fine motor skills and helps your child identify triangles of different sizes.*

**Through this activity, your child will be able to...**

- **Develop fine motor skills**
- **Identify triangles**

Materials: Square piece of paper, writing/drawing tools (e.g. pencil, colour pencils)

### Activity:

- Tell your child that he/she will be making a bookmark.
- Watch the video and follow the steps.  
<https://www.youtube.com/watch?v=BEwl0fvqo18>
- After making the bookmark, ask your child to count the number of triangles he/she can see. Ask your child to compare the size of the triangles.
- Take a picture of the bookmark and send it back to us!
- You may encourage your child to:
  - Draw facial features on the bookmark.
  - Create different bookmarks for different expressions (e.g. happy, angry, and sad).
  - Use the bookmarks for their books.

## Staying in Shape!

*Stretch your bodies and sweat it out together with your child in this balancing activity! A great way for your child to learn about their body parts and get some exercise!*

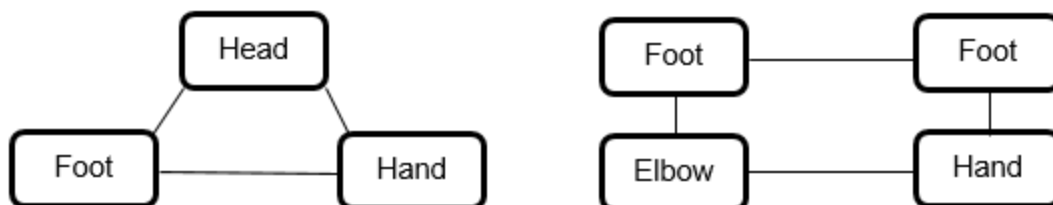
**Through this activity, your child will be able to...**

- **Demonstrate control, coordination and balance.**
- **Recognise familiar words such as 'head', 'foot' and 'hand'.**

Materials: Word cards with different body parts (e.g. head, foot, hand) (**Annex B**), tape/blue tack

### Activity:

- Warm up by stretching for 3-5 minutes (e.g. neck stretch, arm circles, side bend, shoulders roll). Let your child select 3 or 4 cards each and secure the word cards on floor with blue tack or tape.
- Invite your child to match his / her body part to the correct card and hold the position for five counts (i.e. 1-2-3-4-5).



- Take pictures of your child doing this activity and send it back to us!
- Try other combinations of the cards or you may also take turns to play with your child.
- Cool down by stretching for 3-5 minutes.

## **Letter Hunt! (Bonus Literacy Activity!)**

*A fun and engaging way to find letters and to practice their penmanship!*

**Through this activity, your child will be able to...**

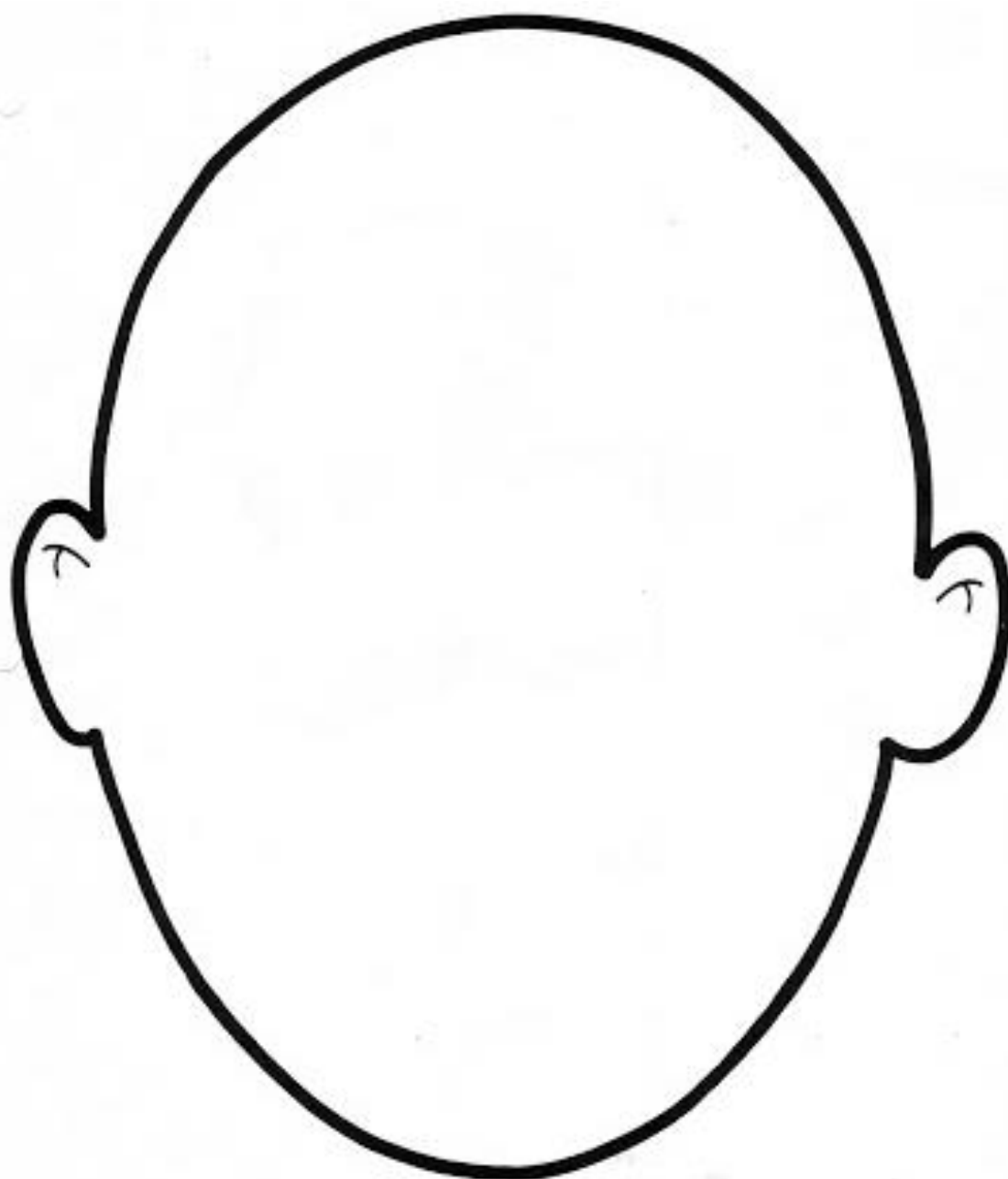
- **Recognise and identify letters in print materials**
- **Form letters using writing materials**

Materials: Magazine / newspaper, drawing / writing tool (e.g. crayon, pencil, marker), letter activity (Annex D)

### **Activity:**

- Pass your child an old magazine or newspaper.
- Get him/her to choose a favourite drawing/writing tool.
- Guide your child to spy for letters **'C', 'c'** in these print materials and circle them. Thereafter, you may pass them the attached letter activity. **(Annex D)**
- You may carry out this activity over a few days. Repeat with letters **'M', 'm', 'T', 't', 'S', 's', 'D', 'd'**.
- For parents who do not have a printer, you may pass some paper to your child to write the letters and draw the pictures.

**(Annex A)[Blow Painting!]**  
**Blow paint to add hair for the face!**



**(Annex A)[Blow Painting!]**  
**Blow paint to add tentacles for the jellyfish!**



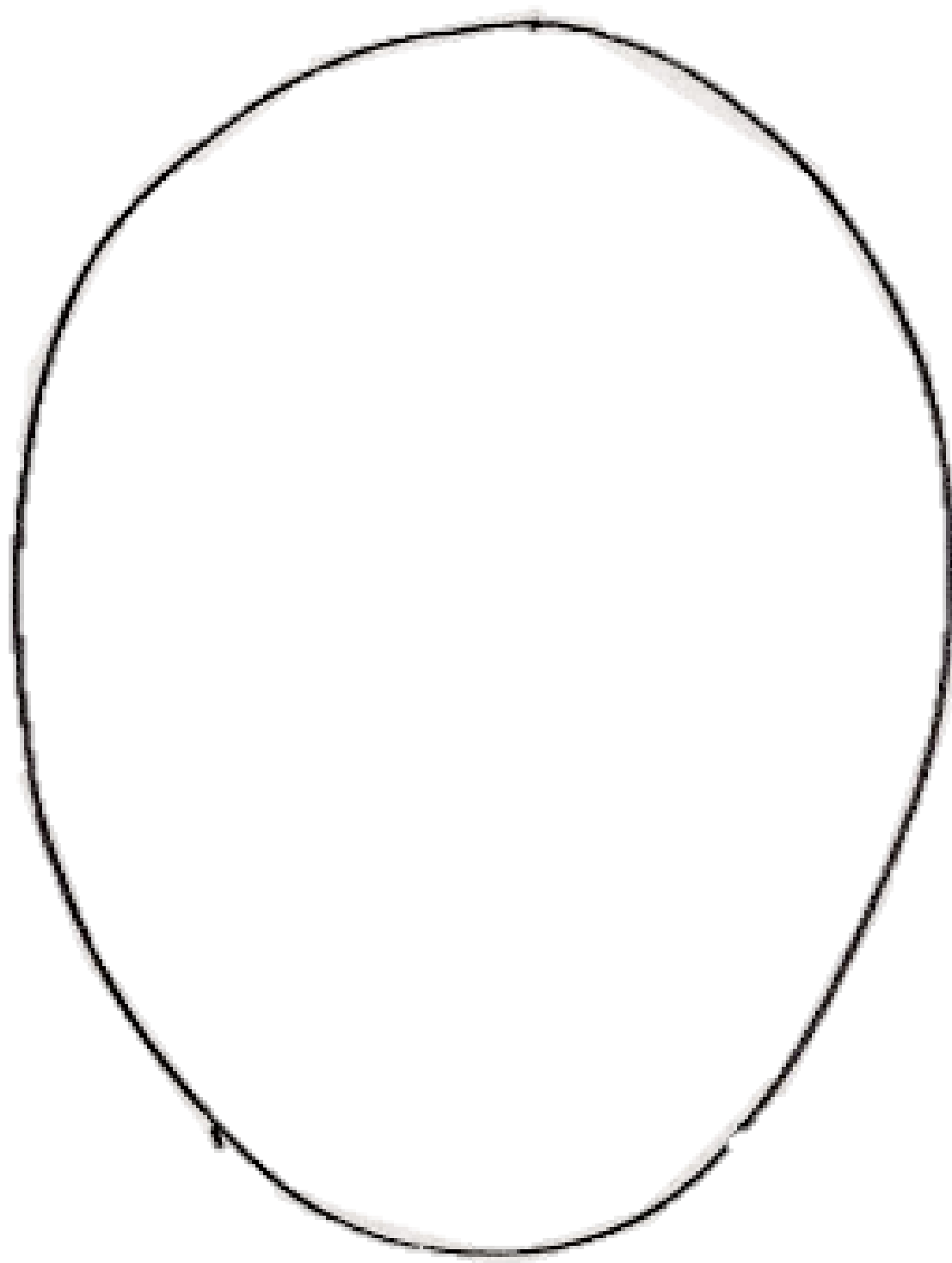
head

foot

hand

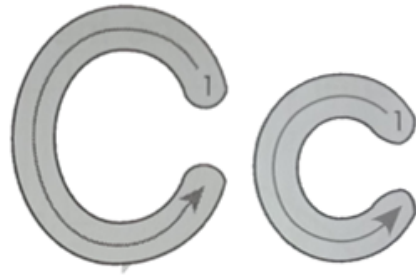
elbow

**(Annex B)[Creating a Self-Portrait!]  
Face Template**



(Annex D)[Letter Hunt!]

Name: \_\_\_\_\_



Trace and copy the letter Cc in the boxes.

Cc	Cc	Cc	Cc	Cc

**C** is for cat.



Draw three things that begin with the letter Cc.

A large, empty rounded rectangle with a thin black border, intended for a child to draw three things that begin with the letter Cc.

(Annex D)[Letter Hunt!]

Name: \_\_\_\_\_



Trace and copy the letter Mm in the boxes.

Mm	Mm	Mm	Mm	Mm



**M** is for monkey.

Draw three things that begin with the letter Mm.

A large, empty rounded rectangle with a thin black border, intended for a child to draw three things that begin with the letter Mm.

(Annex D)[Letter Hunt!]

Name: \_\_\_\_\_



**S** is for snake.

Trace and copy the letter Ss in the boxes.

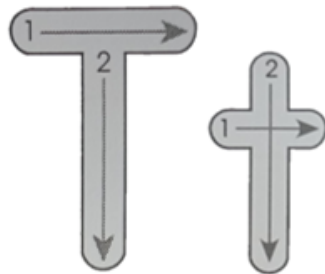
Ss	Ss	Ss	Ss	Ss

Draw three things that begin with the letter Ss.

A large, empty rectangular box with rounded corners, intended for a child to draw three things that begin with the letter Ss.

(Annex D)[Letter Hunt!]

Name: \_\_\_\_\_



**T** is for tiger.

Trace and copy the letter Tt in the boxes.


Draw three things that begin with the letter Tt.

(Annex D)[Letter Hunt!]

Name: \_\_\_\_\_



**D is for dog.**

Trace and copy the letter Dd in the boxes.

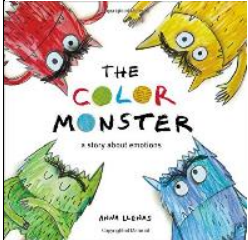

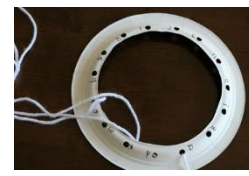
Dd	Dd	Dd	Dd	Dd

Draw three things that begin with the letter Dd.

A large, empty rounded rectangle with a thin black border, intended for a child to draw three things that begin with the letter Dd.

## Suggested Picture Books and Activities

Note: These URL links are accurate at the time of publishing. However, the links may be updated by the websites from time to time. Hence, do access the links first to ensure that the content displayed is as indicated in the table below. Should the links become faulty, you may search for the book titles and videos on search engines. You may also engage your child in listening to audio books by visiting the website: [stories.audible.com/discovery](https://stories.audible.com/discovery).

S/N	Details of Picture Books	Synopsis of Picture Books	Suggested Activities
1	<p><b>The Colour Monster</b></p>  <p>Written By: Anna Llenas</p>	<p>This story is about a little girl who helps her colour monster who is feeling all mixed up and confused, sort out his feelings.</p> <p><b>Link to Audio Book</b></p> <p><a href="https://www.youtube.com/watch?v=S5YQnpZY-eE">https://www.youtube.com/watch?v=S5YQnpZY-eE</a></p>	<ol style="list-style-type: none"> <li>1. Guide your child to practice drawing faces that show different emotions. (Question prompts, “Can you draw a happy face? Can you draw an angry face?” Encourage your child to use a mirror to see how their facial expressions can change to show emotions.</li> <li>2. Grab pieces of paper to let your child draw things that make them happy/angry/sad etc...</li> <li>3. Let your child draw his/her own picture of the Colour Monster. Then encourage your child to share about his/her drawings with you.</li> </ol>
2	<p><b>The Very Busy Spider</b></p>  <p>Written By: Eric Carle</p>	<p>The farm animals try to divert a busy little spider from spinning her web, but she persists and produces a thing of both beauty and usefulness.</p> <p><b>Link to Audio Book</b></p> <p><a href="https://www.youtube.com/watch?v=Dfr5DWThSmA">https://www.youtube.com/watch?v=Dfr5DWThSmA</a></p>	<p><b>Alphabet Spider Web</b></p> <p><u>Materials needed:</u></p> <p>Paper plate Yarn Hole punch Marker Tape</p>  <ol style="list-style-type: none"> <li>1. Cut out the centre of the paper plate.</li> <li>2. Punch holes around the paper plate. Space them out so you have room for the letters.</li> <li>3. Write a letter next to each hole.</li> <li>4. Cut a long strand of yarn and tie it to the first hole where you would like your child to start.</li> <li>5. Tape the other end of the yarn so that it is easier to thread through the holes.</li> </ol>

**Stay Safe. Stay Home. Stay Curious**