



How Parents can Play a Supportive Role

11 Jul 2024

A large orange circle on the left side of the slide, partially cut off by the edge.

PARENTS as
PARTNERS-
IN-
EDUCATION

“Parents are a child’s first teachers. Parents are our most important partners. Teachers cannot be surrogate parents. I hope parents value teachers as their partners too.”

Minister Heng Swee Keat

A decorative graphic consisting of several short, thick yellow dashes arranged in a curved, upward-sloping path in the bottom right corner of the slide.




BRINGING OUT THE BEST IN OUR CHILDREN, TOGETHER

Every Parent A Supportive Partner



Forging a strong School-Home Partnership

The ZONES of Regulation

		
BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control

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Getting to the Green Zone

The following are some possible strategies that can be taught to students to help them move towards the green zone.



Yellow/Red Zone – decrease level of arousal

- Talk to parents/friends about your feelings
- Sensory supports
 - Coping Skills Box (Refer to Annex A for more details)
- Calming techniques
 - Six Sides of Breathing (Refer to Annex B for more details)
 - Count to 20
 - Listen to soft and slow music
 - Go for a walk
- Thinking Strategies
 - Inner Coach vs Inner Critic

Developing A Growth Mindset

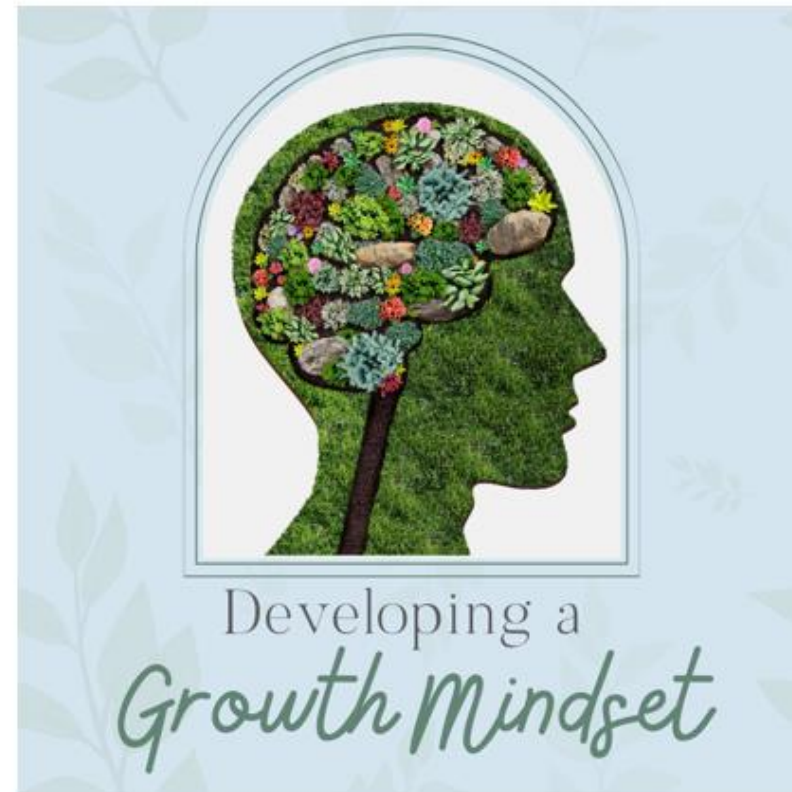
Developing A Growth Mindset

- We practise positive self talk at the start of every week. Do you know why positive self talk is important?

MY POSITIVE

I Am A Self Leader

Log in to SLS for I Am A Self Leader lesson (T1W8)





Daily Dose of Positive Education (PosEd)

Even though it wasn't the outcome I hoped for, I am pleased that I have learned a lot about myself.

Student's response

I aim to better myself...

I can use what I have learnt about myself to my advantage ...

Positive Self-Talk

Forging a strong School-Home Partnership



How can you support your child?

1. Environment

Supportive Environment
& Positive Engagement

- Work together to encourage and support your child
- Open communication – regular feedback about progress
- Goal setting
- Clear expectations
- Routines & Structures
- Affirm your child's effort

2. Self-Directedness

Self-management &
ownership

- Completing & handing in work assignments
- Punctuality & regular attendance
- Organisational skills e.g. filing of worksheets

How can you support your child?

- **Attendance**

- Attend all lessons (including CARE)
- If genuinely unwell (e.g. with flu-like symptoms), see a doctor and obtain an MC (refrain from taking self-medication/home remedies)

- **Punctuality**

- Be punctual for all lessons
- We are monitoring late-coming cases, and if necessary, will work with parents to identify the root cause of chronic late-coming

What can you do as a parent?

1. SUPERVISE

Look out for signs of distress, and monitor your child's progress.

Noticed any of the following signs that is out of the norm for your child?

- Struggles to pay attention in studies or activities
- Tiredness
- Rebellious streak
- Excuses to miss school/class
- Stays away from others
- Sulking

It may be an indication of too much stress.



2. PROVIDE

Know your child's needs and be present.

Be willing to listen and communicate frequently in an open and supportive manner.

Give them your attention.



What can you do as a parent?

3. ROLE MODEL

Role model resilient behaviour and positive mindsets in everyday situations.

Share with your child some of the challenges and setbacks you've faced, and how you managed and maintained positivity.



4. REASSURE

Encourage your child regularly.

Provide positive feedback and cheer your child on for every effort.





5 Learning Dispositions



Learner Agency Self-directedness

JOY OF LEARNING

Students who show joy of learning are motivated to learn and do their best. They derive satisfaction from learning new skills or discovering new ideas. They are also enthusiastic and show great interest in learning new things.

Students who are self-directed are able to learn easily when the problem is difficult and are not easily discouraged. They will even rise to the occasion when faced with setbacks.

Students who are self-directed are willing to try out ideas or solutions offered by peers, willing to explore possibilities and consider other viewpoints and approach challenges in creative ways.

Students who are self-directed have a natural interest in the world they live in. Students who are curious are eager to ask questions to develop deeper understanding and explore and learn about the things around them.

COLLABORATION

Collaborative learners are students who can cooperate well with others in a group learning setting, respect ideas shared by peers and value contribution of others. They work well as a team and learn from one another.

Direct School Admission (DSA) – Areas of Strengths

- Creativity, Entrepreneurship and Innovation
- Languages and Humanities
- Leadership and Uniformed Groups
- Performing Arts
- Science, Technology, Engineering, Maths (STEM)
- Sports and Games
- Visual Arts and Media



Direct School Admission (DSA) Route – Talks by AYH and CCA teachers to P6 Students

- For students with talents and achievements beyond those that can be demonstrated at PSLE
- To seek admission to schools that can develop their talents (academic and non-academic) further ***even before taking PSLE***
 - However, though final PSLE score doesn't need to match the Cut-Off Point of the school, it needs to satisfy the minimum score for the stream (e.g. for Govt/Govt-Aided Schools G3 suite with SEC exams route is 22)

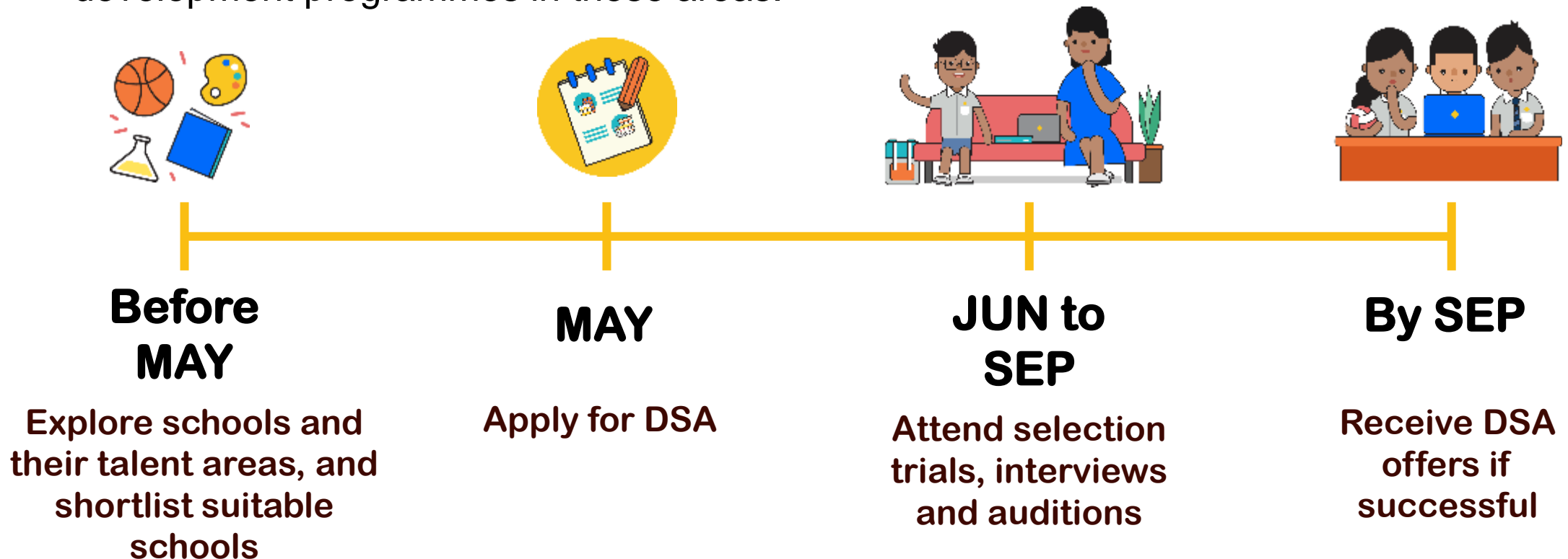
Should my child apply for DSA?

Yes, if she has talent in an area which the school offers the DSA in and she is passionate about and committed to developing her strengths in that area in that school.



ENTERING SCHOOLS THROUGH DSA-SEC

- There is no change to the application and selection process with the shift to Full SBB.
- If your child has specific talents and strengths beyond the PSLE (e.g. areas such as sports, performing arts and leadership), consider the **Direct School Admission-Secondary (DSA-Sec)** as an alternative admission pathway to access secondary schools that have talent development programmes in these areas.



Information on DSA

Direct School Admission (MOE)



<https://www.moe.gov.sg/secondary/dsa>

SCHOOLINFORMATION FOR DSA

<https://moe.gov.sg/schoolfinder>

<https://go.gov.sg/exploreschools>

SchoolFinder Tool



MySkillsFuture Portal



"Every Child deserves

A CHAMPION

an adult who will **never** give up on them
who understands the power of connection
and **INSISTS** that they
become the best
they can possibly be."

-Rita Pierson

-inthelandofteaching-

<https://www.moe.gov.sg/parentkit>



THANK YOU!

