



# How Parents can Play a Supportive Role

# BRINGING OUT THE BEST IN OUR CHILDREN, TOGETHER

*Every Parent A Supportive Partner*



# PARENTS as PARTNERS- IN- EDUCATION

“Parents are a child’s first teachers. Parents are our most important partners. Teachers cannot be surrogate parents. I hope parents value teachers as their partners too.”

Minister Heng Swee Keat



# Forging a strong School-Home Partnership

P6 Students have been introduced to the importance of having **grit**, followed by target-setting at the beginning of January.



**Work** towards a goal

Over

**Stick** to achieving the goal

Why should you care about GRIT?

INTELLIGENCE OR NATURAL ABILITY IS NOT AS POWERFUL AS **GRIT**

WITH GRIT, YOU CAN DEVELOP YOUR ABILITY  
**GET STRONGER**  
**BETTER**  
AT SOMETHING  
IF YOU WORK  
**LONG AND HARD**  
AT IT

**GRIT**

# Developing A Growth Mindset

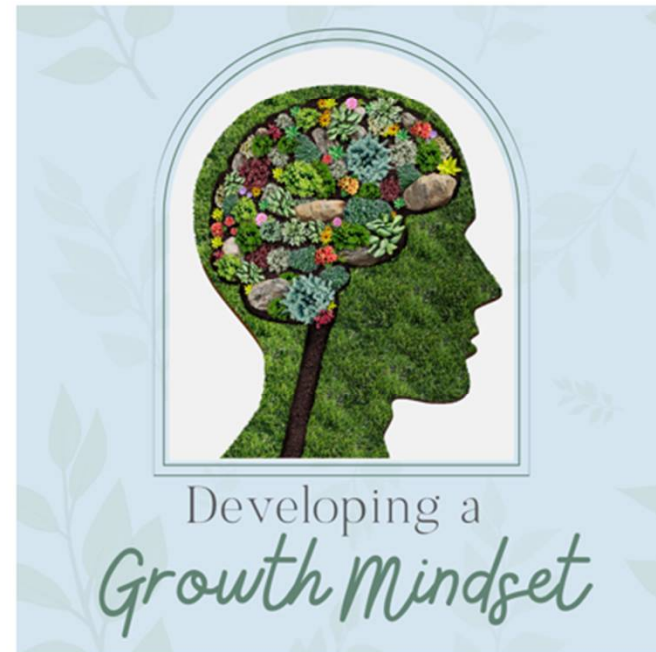
## Developing A Growth Mindset

- We practise positive self talk at the start of every week. Do you know why positive self talk is important?

MY POSITIVE

## I Am A Self Leader

Log in to SLS for I Am A Self Leader lesson (T1W8)





## Daily Dose of Positive Education (PosEd)

Even though it wasn't the outcome I hoped for, I am pleased that I have learned a lot about myself.

Student's response

I aim to better myself...

I can use what I have learnt about myself to my advantage ...

### Positive Self-Talk

# Forging a strong School-Home Partnership



# How can you support your child?

## 1. Environment

### Supportive Environment & Positive Engagement

- Work together to encourage and support your child
- Open communication – regular feedback about progress
- Goal setting
- Clear expectations
- Routines & Structures
- Affirm your child's effort

## 2. Self-Directedness

### Self-management & ownership

- Completing & handing in work assignments
- Punctuality & regular attendance
- Organisational skills e.g. filing of worksheets



# How can you support your child?

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- **Attendance**

- Attend all lessons (including R3, Starlite, CARE, Holiday Classes)
- If genuinely unwell (e.g. with flu-like symptoms), see a doctor and obtain an MC (refrain from taking self-medication/home remedies)

- **Punctuality**

- Be punctual for all lessons
- From Term 2 onwards, being late will mean missing at least part of R3 programme
- We are monitoring late-coming cases, and if necessary, will work with parents to identify the root cause of chronic late-coming

# What can you do as a parent?

## 1. SUPERVISE

Look out for signs of distress, and monitor your child's progress.

Noticed any of the following signs that is out of the norm for your child?

- Struggles to pay attention in studies or activities
- Tiredness
- Rebellious streak
- Excuses to miss school/class
- Stays away from others
- Sulking

It may be an indication of too much stress.



## 2. PROVIDE

Know your child's needs and be present.

Be willing to listen and communicate frequently in an open and supportive manner.

Give them your attention.



# The **ZONES** of Regulation™



## Toolbox

### Blue Zone Toolbox



exercise



think happy thoughts



hugs



rest



listening to music



get a drink

To rest or get gain some energy and motivation to participate in an activity

# ZONES of Regulation @PGVP

## Collaboration with school

### Benefits:

Having support from both home and school can significantly contribute to your child's development. Consistent collaboration between home and school are key for fostering a supporting environment for your child's growth.



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# What can you do as a parent?

## 3. ROLE MODEL

Role model resilient behaviour and positive mindsets in everyday situations.

Share with your child some of the challenges and setbacks you've faced, and how you managed and maintained positivity.



## 4. REASSURE

Encourage your child regularly.

Provide positive feedback and cheer your child on for every effort.





# 5 Learning Dispositions



## Learner Agency Self-directedness

### JOY OF LEARNING

Students who show joy of learning are motivated to learn and do their best. They derive satisfaction from learning new skills or discovering new ideas. They are also enthusiastic and show great interest in learning new things.

Students who are not easily discouraged when the problem is difficult and are not easily discouraged. They will even rise to the occasion when faced with setbacks.

Students who are willing to try out ideas or solutions offered by peers, willing to explore possibilities and consider other viewpoints and approach challenges in creative ways.

Students who are interested in the world they live in. Students who are curious are eager to ask questions to develop deeper understanding and explore and learn about the things around them.

Students who are

### COLLABORATION

Collaborative learners are students who can cooperate well with others in a group learning setting, respect ideas shared by peers and value contribution of others. They work well as a team and learn from one another.

# Direct School Admission (DSA) – Areas of Strengths

- Creativity, Entrepreneurship and Innovation
- Languages and Humanities
- Leadership and Uniformed Groups
- Performing Arts
- Science, Technology, Engineering, Maths (STEM)
- Sports and Games
- Visual Arts and Media



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# Direct School Admission (DSA) Route – Talks by AYH and CCA teachers to P6 Students

- For students with talents and achievements beyond those that can be demonstrated at PSLE
- To seek admission to schools that can develop their talents (academic and non-academic) further ***even before taking PSLE***
  - However, though final PSLE score doesn't need to match the Cut-Off Point of the school, it needs to satisfy the minimum score for the stream (e.g. for Govt/Govt-Aided Schools G3 suite with SEC exams route is 22)

# SCHOOL CHOICE JOURNEY

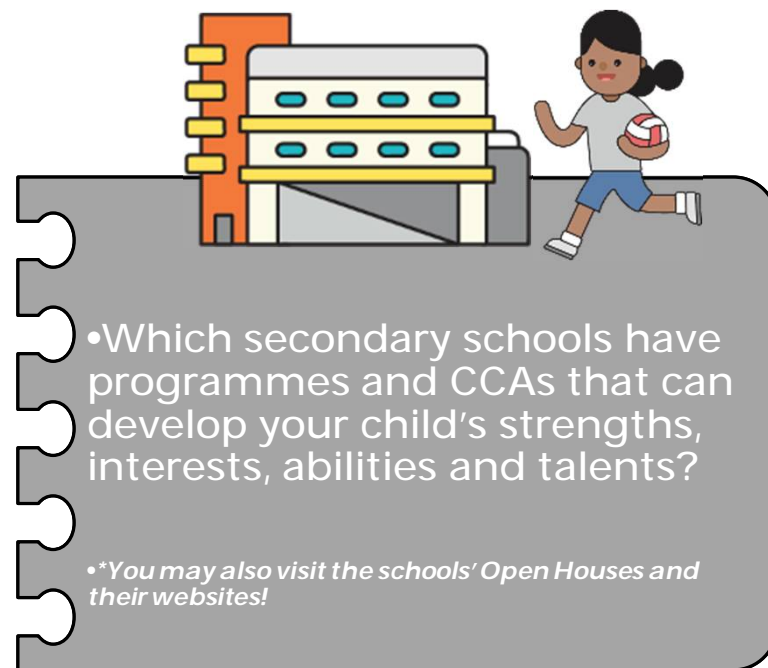
- The PSLE Score ranges are a **useful starting point** for parents and students to consider secondary schools.
- Use this information, together with other **important factors** such as the secondary schools' distinctive programmes, CCAs, ethos and cultures, to shortlist schools that would best fit the educational needs of the student.



# WHICH SCHOOLS SHOULD MY CHILD SHORTLIST?



Want to know more about yourself? Embark on a journey in **Career Quest** on the [MySkillsFuture Student Portal \(Primary\)](#) now!



Want to learn more about different schools? Explore the **Education Guide** on the [MySkillsFuture Student Portal \(Primary\)](#) now!

# IMPORTANT FACTORS TO CONSIDER WHEN CHOOSING SECONDARY SCHOOLS

## 01 SCHOOL CULTURE



What is the school's culture and ethos?

## 02 LEARNING ENVIRONMENT



How do I feel about the school based on what I saw at the Open House?

## 03 PROGRAMMES



Does the school have programmes I would enjoy?

## 04 CCAs



Are there CCAs that interest me and can nurture my strengths, abilities and talents?

## 05 SUBJECTS

What subjects are offered in the school?



## 06 LOCATION



How long will it take for me to travel to school and back home?

# TIPS FOR PARENTS!

Be open and flexible when discussing your child's preferences, needs and choices.

Manage your own expectations and do not project these expectations onto your child.

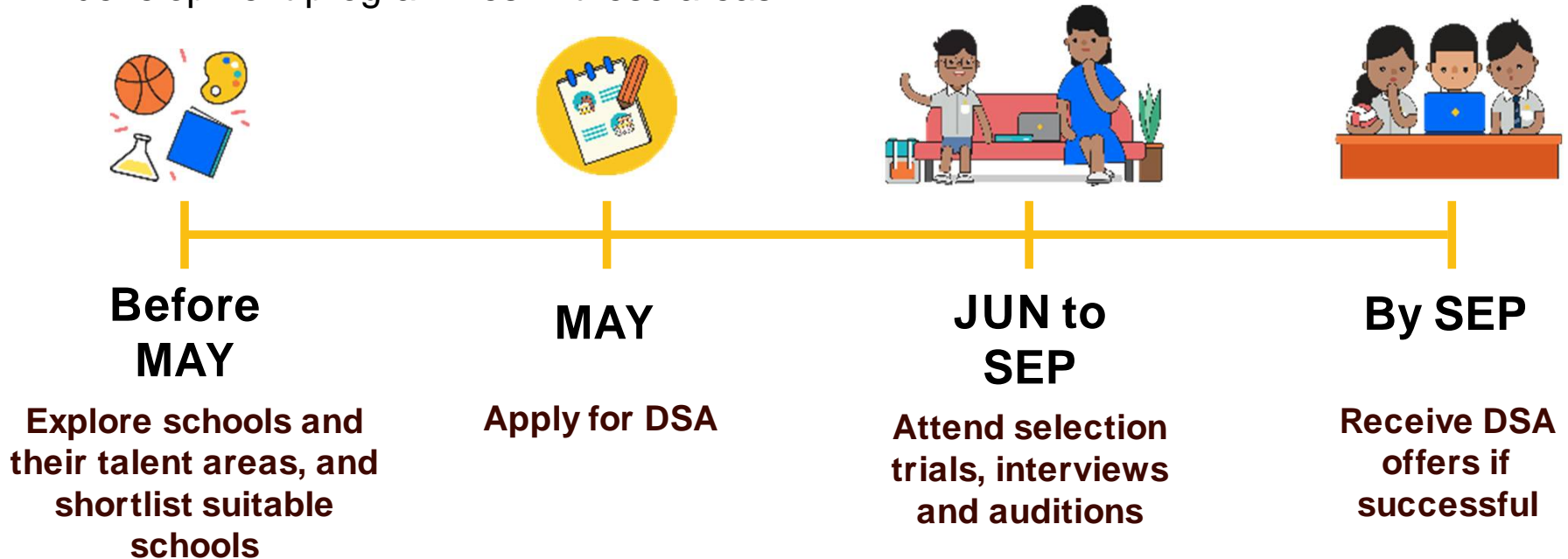


Have regular conversations with your child to understand more about his/her strengths, interests, abilities, talents and aspirations.

Affirm your child and offer support when he/she shares his/her plans with you.

# ENTERING SCHOOLS THROUGH DSA-SEC

- There is no change to the application and selection process with the shift to Full SBB.
- If your child has specific talents and strengths beyond the PSLE (e.g. areas such as sports, performing arts and leadership), consider the **Direct School Admission-Secondary (DSA-Sec)** as an alternative admission pathway to access secondary schools that have talent development programmes in these areas.



# ENTERING SCHOOLS THROUGH DSA-SEC

- Apply via the DSA-Sec Portal with your Singpass Two-Factor Authentication (Singpass 2FA).
- Indicate up to 3 choices and 3 talent areas. You may indicate up to 2 talent areas for the same school. If you want to apply for 2 talent areas at the same school, you must indicate both as separate choices.

<https://www.moe.gov.sg/secondary/dsa/application>

# S1 Posting

- PSLE Students (non-DSA) and unsuccessful DSA candidates will participate in the S1 posting exercise to opt for secondary schools
- Successful candidates will participate in the S1 posting exercise to opt for foreign languages/elective programmes/course options if eligible



# ENTERING SCHOOLS THROUGH DSA-SEC

In 2023, 24 students from PGVP were successful in DSA application:

- Zhonghua Secondary School
- Tanjong Katong Secondary School
- School Of Science And Technology, Singapore
- School Of The Arts, Singapore
- Cedar Girls' Secondary School - Integrated Programme
- Tanjong Katong Girls' School
- Compassvale Secondary School
- St. Andrew's Secondary School
- Methodist Girls' School (Secondary)
- Pei Hwa Secondary School
- North Vista Secondary School
- Damai Secondary School

# Useful resources

## Quick tips on shortlisting secondary schools

**A SECONDARY SCHOOL THAT'S SUITABLE FOR YOUR CHILD**  
Help them match the school to their strengths and interests.

**ASK:**  
What are their strengths, interests, and abilities?  
- What kind of courses, programmes and opportunities will develop these?  
- Will the pace of learning be suitable for them?

**CONSIDER:**  
- School Culture  
- Courses  
- Programmes, Subjects and CCAs Offered  
- Location and Transport  
- If your child has Special Educational Needs  
Select schools with specialised facilities or resources.

**SUBMIT:**  
- 6 School Options  
So that your child is more likely to get into a school of choice.  
- Schools with Different Cut-Off Points  
Consider at least 2-3 schools where your child's PSLE Score is better than the school's Cut-Off Points.

**REFER TO:**  
MOE's SchoolFinder  
Check out schools based on subjects offered, Co-Curricular Activities, facilities and location of the school.

**YOUR RANK OF SCHOOL CHOICES**  
The higher you rank your preferred school, the better your chance of getting into it.  
Do not rank your school's PSLE Score higher than your preferred school's PSLE Score. Some schools may have special entry requirements.

Ministry of Education Singapore

## Tools to use to explore secondary schools

**SCHOOL FINDER**

*My*SKILLS*future*



## How-to-Guides to equip parents on how to use the tools

**How to Use SchoolFinder**

Ministry of Education Singapore

<https://go.gov.sg/school-finder>



# Useful resources

## Transition Materials

Supporting your child's transition through **Primary 5/6**  
Build a caring home environment to nurture the social and emotional skills of your child using these 5 A.F.C. tips.

**SUPPORT**

- Encourage your child to talk to a trusted adult to discuss: e.g. family members, school counsellors and teachers.
- Help your child understand children's rules and understand when to **RELAX** to them.
- Keep rules about your child's, e.g. no mobile phones during school hours.

**AFFIRM**

- Recognise the contribution of good friends.

**FAMILIARISE**

- Find out what money is and how to use money (e.g. shopping, saving, budgeting, etc.).
- Share information on physical changes in the puberty process (e.g. menstruation, etc.) with your child.

Speak and Listen Carefully. Use T.A.D.

**Talk** Ask

**QUICK TIPS**

- Children without family (displaced) should be encouraged to accept your child's way of life.

Supporting your child's transition through **Secondary School**  
Build a caring home environment to nurture the social and emotional skills of your child using these 5 A.F.C. tips.

**SUPPORT**

- Find out how your child's school will be different from primary school.
- Make a bank of children to be good friends with.
- Share information on physical changes in the puberty process (e.g. menstruation, etc.) with your child.

**AFFIRM**

- Recognise your child's strengths. Build on them and encourage them to try new things.
- Make use of their skills to build on their strengths.

**FAMILIARISE**

- Find out what secondary school is like in the child's home town.
- Encourage your child to talk to a trusted adult to discuss: e.g. family members, school counsellors and teachers.

**EMPATHISE**


- Encourage your child to understand the feelings of others.

Speak and Listen Carefully. Use T.A.D.

**Talk** Ask

**QUICK TIPS**

- Encourage your child to be confident about your child's way of life.



## Resilience Boosters

**POSITIVE THINKING**  
Look for the good in everything you see. Be **POSITIVE**!

**RECORD** **REASONALISE** **REPAIR**

**STRESS SYMPTOMS**  
Struggles to pay attention in studies or activities  
Tiredness  
Rebellion  
Excitement  
Sadness

**PROBLEM SOLVING**  
Use the S.O.D.A.S. to guide your child in problem-solving.

**SETTING GOALS**  
LIFE SKILLS to Guide your child to achieve their dreams.

**IDENTIFY AGE-APPROPRIATE Goals to Achieve**



# FIND OUT MORE ON THE PSLE-FSBB MICROSITE



<https://go.gov.sg/pslefsbb>



# EXPLORE YOUR FULL SBB PATH



<https://go.gov.sg/my-fsbb-path>

# OTHER RESOURCES

SchoolFinder Tool

# SCHOOL FINDER



<https://go.gov.sg/secschoolfinder>

“Welcome to Secondary School” video



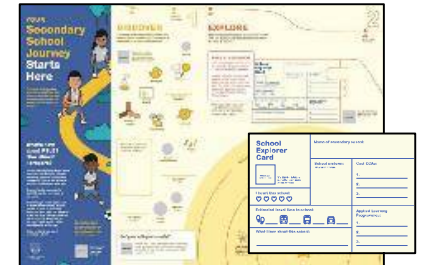
<https://go.gov.sg/welcome-to-secondary-school>

Secondary School Education Booklet



<https://go.gov.sg/psle-sec-sch-brochure>

Student Journey Map and School Explorer Card



<https://go.gov.sg/psle-student-journey>

# OTHER RESOURCES

## ECG Tips For Parents



<https://go.gov.sg/tips-for-parents>

## MySkillsFuture Student Portal (Primary)



<https://go.gov.sg/mysfpri>

## ECG What's Next



<https://go.gov.sg/what-s-next-psle>

# Be a P.S.L.E. parent

P – PROACTIVE

S – SUPPORTIVE

L – LOVING

E – EMPOWERING

"Every child deserves

**A CHAMPION**

an adult who will never give up on them  
who understands the power of connection  
and **INSISTS** that they

become the best

they can possibly be."

-Rita Pierson

-inthelandofteaching-

<https://www.moe.gov.sg/parentkit>





**THANK YOU!**