



## 培景小学

### PUNGGOL VIEW PRIMARY SCHOOL

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Our Ref: PGVP/271/2018

17 Sep 2018

Dear Parents

### **Workshop for P1-P6 Parents: Cyber Wellness – Engaging the IT and Smartphone Generation**

We would like to invite our parents to attend the above mentioned workshop. The details are as follows:

Day/Date : **Saturday 22 Sep 2018**  
Time : **9.30 – 11.30 am**  
Venue : **PAL Room 1**  
Cost : **Fully supported by Ministry of Social and Family Development (MSF)**

#### **Synopsis:**

It can be challenging for parents to cope with the rapid development and the influence of the 'online' world and social media in the lives of their children. What should parents do in the midst of it all? How can we gain understanding of our child's mobile habits? This workshop seeks to share on how to connect with our children more effectively in this digital age by utilizing practical parenting tips and guidelines in managing our child's mobile usage and how parents can take practical steps in parenting their children in the online world.

We would be grateful if you could register online via <http://www.punggolviewpri.moe.edu.sg/> under the highlights window on the front page. **Registration for the workshop is open from 17 Sep 2018 – 21 Sep 2018.** For enquiries, you may contact the school's Family Matters@PGVP Co-ordinator, Ms Justina Koh at [Justina\\_Amanda\\_Koh@moe.edu.sg](mailto:Justina_Amanda_Koh@moe.edu.sg).

We look forward to seeing you on **Saturday 22 Sep 2018 at 9.30am**. Thank you.

Warmest regards,

Suriani Sokran (Mdm)  
Family Matters@School Teacher in-Charge

*\*The Family Matters @ PGVP programme is funded by the Ministry of Social and Family Development and aims to equip and empower parents with skills and knowledge to build strong family ties. Through enriching workshops, activities and resources, parents will learn how to build healthy communication with their children and nurture positive relationships within the family.*

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**Our Mission**  
Touching Lives, Inspiring Future



**Our Vision**  
Confident Learners, Active Citizens